

pray | read | reflect | respond



Produced by American Bible Society in partnership with Scripture Union.

TAKE THE E100 CHALLENGE®

The Essential 100® (the E100) is based on carefully selected Bible passages – 50 from the Old Testament and 50 from the New Testament – that help you get the big picture of the Bible without getting bogged down.

TO TAKE THE E100 CHALLENGE, FOLLOW THESE SIMPLE STEPS:

- FIND** a Bible translation that is easy for you to understand.
- SET** aside a special time and place to Pray, Read, Reflect and Respond each day.
- USE** this Reading Planner and track your progress.
- SHARE** your success by taking the survey at E100.AmericanBible.org/Done when you finish the The E100 Challenge.

PERSONAL ACTION PLAN

- My goal is to read The E100 over the next:
 - 100 Days 20 Weeks
 - 1 Year 2 Years
 - Other: _____
- My plan is to take _____ (minutes) to read the Bible and pray...
 - In the Morning Lunch Break
 - In the Evening/Before Bed
 - On the Weekend
 - Other: _____
- To help me keep going, I will read The E100 with my:
 - Small Group
 - Friend(s): _____
 - Sunday School
 - Family: _____
 - Other: _____
 - Co-worker: _____

I WILL:

Pray with focus and openness to see what God has for you. *God, connect with me here, as I seek you in your Word.*

Read the selected section of Scripture slowly. Take note of intriguing words and phrases and read them a second time.

Reflect on what strikes you as you read. Think through what God is communicating to you at this point in your life.

Respond to the passage. Speak to God directly about what's on your mind and heart. Look for ways to live out what you've uncovered.

OLD TESTAMENT

Prayer Focus

IN THE BEGINNING

- 1. Creation
- 2. The Fall
- 3. The Flood
- 4. God's Covenant with Noah
- 5. Tower of Babel

Genesis 1:1-2:25
Genesis 3:1-24
Genesis 6:5-7:24
Genesis 8:1-9:17
Genesis 11:1-9

Fresh Starts

ABRAHAM, ISAAC AND JACOB

- 6. The Call of Abram
- 7. God's Covenant with Abram
- 8. Isaac's Birth and "Sacrifice"
- 9. Jacob and Esau Compete
- 10. Jacob and Esau Reconcile

Genesis 12:1-20
Genesis 15:1-21
Genesis 21:1-22:19
Genesis 27:1-28:22
Genesis 32:1-33:20

Strengthening the Body of Christ

THE STORY OF JOSEPH

- 11. Sold Into Slavery
- 12. Prison and a Promotion
- 13. Ten Brothers Go to Egypt
- 14. The Brothers Return
- 15. Joseph Reveals His Identity

Genesis 37:1-36
Genesis 39:1-41:57
Genesis 42:1-38
Genesis 43:1-44:34
Genesis 45:1-46:7

Courage in Challenges

MOSES AND THE EXODUS

- 16. Birth of Moses
- 17. The Burning Bush
- 18. The Ten Plagues
- 19. Passover and Exodus
- 20. Crossing the Red Sea

Exodus 1:1-2:25
Exodus 3:1-4:17
Exodus 6:28-11:10
Exodus 12:1-42
Exodus 13:17-14:31

Pastors and Staff

THE LAW AND THE LAND

- 21. The Ten Commandments
- 22. The Golden Calf
- 23. Joshua Succeeds Moses
- 24. Crossing the Jordan
- 25. Fall of Jericho

Exodus 19:1-20:21
Exodus 32:1-34:35
Joshua 1:1-18
Joshua 3:1-4:24
Joshua 5:13-6:27

Lay Leadership

THE JUDGES

- 26. Israel's Disobedience
- 27. Deborah Leads Israel
- 28. Gideon Defeats the Midianites
- 29. Samson Defeats the Philistines
- 30. The Story of Ruth

Judges 2:6-3:6
Judges 4:1-5:31
Judges 6:1-7:25
Judges 13:1-16:31
Ruth 1:1-4:22

Small Groups

THE RISE OF ISRAEL

- 31. Samuel Listens to God
- 32. King Saul
- 33. David and Goliath
- 34. David and Saul
- 35. King David

1 Samuel 1:1-3:21
1 Samuel 8:1-10:27
1 Samuel 16:1-18:16
1 Samuel 23:7-24:22
2 Samuel 5:1-7:29

Administrative Ministry (trustee, Finance, etc.)

THE FALL OF ISRAEL

- 36. David and Bathsheba
- 37. King Solomon
- 38. Solomon's Temple
- 39. Elijah and the Prophets of Baal
- 40. The Fall of Jerusalem

2 Samuel 11:1-12:25
1 Kings 2:1-3:28
1 Kings 8:1-9:9
1 Kings 16:29-19:18
2 Kings 25:1-30

Peace & Justice including Ministerium

PSALMS AND PROVERBS

- 41. The Lord is My Shepherd
- 42. Have Mercy on Me
- 43. Praise the Lord
- 44. Godly Wisdom
- 45. Proverbs of Solomon

Psalms 23:1-6
Psalm 51:1-19
Psalm 103:1-22
Proverbs 1:1-4:27
Proverbs 16:1-18:24

Prayer Ministry

THE PROPHETS

- 46. The Suffering Servant
- 47. Jeremiah's Call and Message
- 48. Daniel in the Lion's Den
- 49. The Story of Jonah
- 50. The Day of Judgment

Isaiah 51:1-53:12
Jeremiah 1:1-3:5
Daniel 6:1-28
Jonah 1:1-4:11
Malachi 1:1-4:6

Wisdom & Discernment of UMC

NEW TESTAMENT

THE LIVING WORD

- 51. The Word Became Flesh John 1:1-18
- 52. Gabriel's Message Luke 1:1-80
- 53. The Birth of Jesus Luke 2:1-40
- 54. John the Baptist Luke 3:1-20
- 55. Baptism and Temptation Matthew 3:13-4:17

THE TEACHINGS OF JESUS

- 56. Sermon on the Mount - Part 1 Matthew 5:1-6:4
- 57. Sermon on the Mount - Part 2 Matthew 6:5-7:29
- 58. The Kingdom of Heaven Matthew 13:1-58
- 59. The Good Samaritan Luke 10:25-37
- 60. Lost and Found Luke 15:1-32

THE MIRACLES OF JESUS

- 61. Feeding the Five Thousand Luke 9:1-36
- 62. Walking on Water Matthew 14:22-36
- 63. Healing a Blind Man John 9:1-41
- 64. Healing a Demon-Possessed Man Mark 5:1-20
- 65. Raising Lazarus from the Dead John 11:1-57

THE CROSS OF CHRIST

- 66. The Last Supper Luke 22:1-46
- 67. Arrest and Trial John 18:1-40
- 68. The Crucifixion John 19:1-42
- 69. The Resurrection John 20:1-21:25
- 70. The Ascension Acts 1:1-11

THE CHURCH IS BORN

- 71. The Day of Pentecost Acts 2:1-47
- 72. Growth and Persecution Acts 3:1-4:37
- 73. The First Martyr Acts 6:8-8:8
- 74. Sharing the Word Acts 8:26-40
- 75. Good News for All Acts 10:1-11:18

THE TRAVELS OF PAUL

- 76. The Road to Damascus Acts 9:1-31
- 77. The First Missionary Journey Acts 13:1-14:28
- 78. The Council at Jerusalem Acts 15:1-41
- 79. More Missionary Journeys Acts 16:1-20:38
- 80. The Trip to Rome Acts 25:1-28:31

PAUL TO THE CHURCHES

- 81. More than Conquerors Romans 8:1-39
- 82. The Fruit of the Spirit Galatians 5:16-6:10
- 83. The Armor of God Ephesians 6:10-20
- 84. Rejoice in the Lord Philippians 4:2-9
- 85. The Supremacy of Christ Colossians 1:1-23

PAUL TO THE LEADERS

- 86. Elders and Deacons 1 Timothy 3:1-16
- 87. The Love of Money 1 Timothy 6:3-21
- 88. Good Soldiers of Christ 2 Timothy 2:1-26
- 89. All Scripture is God-Breathed 2 Timothy 3:10-4:8
- 90. The Coming of the Lord 1 Thessalonians 4:13-5:11

THE APOSTLES' TEACHING

- 91. The Most Excellent Way 1 Corinthians 13:1-13
- 92. A New Creation in Christ 2 Corinthians 4:1-6:2
- 93. A Living Hope 1 Peter 1:1-2:12
- 94. Faith and Works James 1:1-2:26
- 95. Love One Another 1 John 3:11-4:21

THE REVELATION

- 96. A Voice and a Vision Revelation 1:1-20
- 97. Messages to the Churches Revelation 2:1-3:22
- 98. The Throne of Heaven Revelation 4:1-7:17
- 99. Hallelujah! Revelation 19:1-20:15
- 100. The New Jerusalem Revelation 21:1-22:21

Prayer Focus

Sunday School
Teachers

Helping Ministries
(Helping Hands,
FMS, etc.)

Family & Children
Ministry

Salvation for those
lost

Movement of
gospel outside walls

Missionaries -
local & global

Youth & Young
Adults

Unity in focus on
Christ

Those called to
Ministry

Refresh/Rebirth by
Spirit

GO FURTHER WITH GOD'S WORD

Uncover the Word™ is a national movement of people who are committing to the daily practice of Scripture engagement. Uncover mobilizes people everywhere to move together toward a fresh discovery of God and his Word, so that they are personally transforming into the likeness of Christ and positively impacting culture.
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Journeys.AmericanBible.org

Find verses and topic, share Scripture and dig deeper.
BibleSearch.AmericanBible.org

The Essential Bible Guide written by Whitney T. Kuniholm takes you through the Old and New Testaments in 100 carefully selected readings- The Essential 100- so you'll see how all the major Bible themes fit together. Ideal for individuals or groups.
Bibles.com

